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(54) **Cam lock orthopaedic fixation screw.**

(57) A cam-locking orthopaedic fixation device for anchoring a bone graft in a bore formed in a bone mass. The device has a head, a nose remote from the head, and a body, extending between the head and the nose, with a series of threaded crests only partially circumferentially surrounding the body. At least one side of the body is smooth and free of thread crests.

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## BACKGROUND OF THE INVENTION

### 1. Field of the Invention

The present invention relates to orthopedic fixation screws and methods and more particularly to such screws and methods in which a bone graft is anchored in a bore formed in a bone mass.

### 2. Description of the Related Art

The anterior cruciate ligament (ACL) is 25mm-40mm in length and is frequently injured in contact and other activities. Such injuries can cause instability in the knee to the extent that ACL reconstruction may be required.

The replacement of the ACL with the central third of the patellar tendon using a bone-tendon-bone graft is a known method for restoring knee stability. In this procedure, the central third of the patellar tendon and portions of bone at either end thereof are taken as a graft. A tunnel is bored in the distal femur and proximal tibia, i.e., where they join at the knee. The bone-tendon-bone graft is disposed with one bone segment in one of the tunnels and the other bone segment in the other tunnel. With the graft so disposed, each of the bone segments are anchored by screwing an interference screw into the tunnel between a tunnel wall and the bone segment thereby anchoring the segment in the tunnel.

Such procedure is illustrated and described in U.S. Patent No. 4,927,421 to Goble et al. for process of endosteal fixation of a ligament. The Goble et al. method suffers from several disadvantages. First, the interference screw is cannulated, i.e., it has an axial bore for riding a guide wire into the bore. The wire must be inserted into the bore adjacent the bone graft before the screw can be installed. The guide wire prevents divergence of the screw as it is screwed into the space between the graft and the tunnel wall. A special driver, also having an axial bore for receiving the guide wire, must be provided to install the screw. Threading the wire through the bore is an additional surgical step, in itself undesirable, which has the potential for creating metal debris. In addition, the guide wires can bend or kink. The screw of the Goble et al. application provides an extremely steep taper at the leading end thereof which rapidly compresses the graft as the screw is installed.

### SUMMARY OF THE INVENTION

The present invention comprises a cam-locking orthopedic fixation screw for anchoring a bone graft in a bore formed in a bone mass. The screw includes a head, a nose remote from the head, and a body having continuously tapered threads tapering from the head of the screw to the nose of the screw wherein

one side of the screw, along the longitudinal axis is flat and unthreaded.

In accordance with the present invention, a method for securing a bone graft in an enosteal tunnel is presented. The method includes drilling an endosteal bore of a size sufficient to form a space between the bone graft and a wall of the bore when the graft is inserted in the bore, inserting the graft in the one end of the bore, inserting the bone screw into the space without rotating the screw and without cutting the bone, the bone screw having an asymmetrical cross section, and thereafter rotating the screw until its threads engage the bone graft and the bore wall thereby locking the screw in place and fixing the graft in the bore.

The present invention obviates the need for using a cannulated interference screw and further provides improved gradual compression of the graft as the fixation screw is installed.

The foregoing and other objects, features and advantages of the invention will become more readily apparent from the following detailed description of a preferred embodiment which proceeds with reference to the drawings.

### BRIEF DESCRIPTION OF THE DRAWINGS

Fig. 1 is an enlarged view of a cam-lock orthopedic fixation screw and a portion of a driver therefor constructed in accordance with the present invention.

Fig. 2 is a view along line 2-2 in Fig. 1.

Fig. 3 is an enlarged view, partly in cross-section, of an alternative embodiment of the cam-lock orthopedic fixation screw of Fig. 1.

Fig. 4 is a view, partly in cross-section, of the screw of Fig. 3 prior to placement into the bone.

Fig. 5 is a view, similar to Fig. 4, after the screw has been inserted into the bone.

Fig. 6 is a view similar to Fig. 4, after the screw has been rotated and fully installed responsive to approximately 90° of screw rotation.

### DETAILED DESCRIPTION OF THE PREFERRED EMBODIMENT

Turning first to Fig. 1, indicated generally at 10 is an orthopedic fixation device for anchoring a bone graft in a bore formed in a bone mass. Device 10 includes a driver 12 and screw 14. The screw includes a nose 16, a threaded body 18 and a head 20. The nose is remote from the head and threaded body 18 has continuously tapered threads 22 which taper from approximately midway between head 20 and nose 16. One side 24 of the screw is asymmetrical and preferably flat and unthreaded. The present embodiment of screw 14 has a uniform pitch of ten threads per inch along the threaded portion thereof and has a nose 16 that has a flat leading face 26.

The head 20 of screw 14 includes an axial hexagonal socket 32. The socket walls are parallel to the axis of screw 14 and are sized to receive a conventional hexagonal driver. The height of the thread crest becomes progressively less between about thread crest 34 and the head 20 of the screw. A substantially 30° chamfer 36 is formed at the juncture between rear surface 30 and the root of threaded body portion 18. The progressive reduction of thread crest height thus forms a spiral between crest 34 and chamfer 36 as viewed in Fig. 2. Preferably, screw 14 is either constructed of a biocompatible material, or has a surface coating of biocompatible material, which is suitable for longterm emplacement in association with cancellous bone and soft tissues.

Driver 12 includes a shaft 38 having a driving end 40 formed on one end and a handle (not shown), similar to the handle of a screw driver, formed on the other end thereof. Driving end 40 comprises a hexagonal driver having walls which taper inwardly between the juncture 42 of driving end 40 with shaft 38 and the outer end 44 of driving end 40. As can be seen in Fig. 1, the distance between juncture 42 and end 44 is slightly less than the depth of socket 32. The relative sizes of driving end 40 and socket 32 are such that the hexagonal walls of driving end 40 engage the interior walls of socket 32 as the screw socket is fitted over driving end 40. Such engagement occurs just before rear surface 30 reaches juncture 42. Given that the interior walls of socket 32 are substantially parallel to the longitudinal axis of driver 12 while the walls of driving end 40 taper as described above, the screw can be fitted onto the end of driver 12 by pushing the screw until driving end 40 and socket 32 are tightly engaged.

Fig. 3 illustrates an alternative embodiment of the present invention. Indicated generally at 14A is a cam lock orthopedic fixation screw similar to the device illustrated in Fig. 1. The main difference is that screw 14A comprises an elongate nose 16A. Nose 16A includes a hemispherical leading face 21. The nose 16 is preferably at least twice the length of the diameter of the nose. A tapered portion 17 extends for approximately three complete threads from nose 16A to threaded body 18.

Turning now to Fig. 4, a bone mass 46 has a bore 48 formed therein. In the case of ACL reconstructive surgery, the bore is formed in either the distal femur or proximal tibia, or both when screw 14A is used to anchor both ends of a bone-tendon-bone graft. Bore 48 is also referred to herein as an endosteal tunnel. One end of the bone-tendon-bone graft is shown received in the bore 48. Graft 50 includes a tendon 52 and a bone portion 54 connected to the tendon. The other end of the tendon 52 (not shown) similarly includes a bone portion connected thereto.

In use, an orthopedic surgeon bores hole 48 in bone mass 46 which, for purposes of the present ex-

planation, is assumed to be the distal femur. This is accomplished using a conventional orthopedic drill and may be done endoscopically as may be the remainder of the following-described procedure. After bore 48 is drilled as shown in Fig. 4, one end of the graft 50 is positioned in the bore as illustrated. Screw 14A is fitted onto driver 12 as described above so that socket 32 is firmly engaged with driving end 40. The surgeon grasps driver 12 by its handle (not shown) and positions screw 14A as illustrated in Fig. 5; i.e., screw 14A is received in the space between graft 50 and the interior wall of bore 48. Screw 14A is referred to herein as being received without interference into the space between the graft and the wall of the bore where asymmetrical side 24 is positioned flush against the graft 50. This describes the relative sizes of the screw and the gap between graft 50 and bore 48 and the fact that when screw 14A is positioned as shown in Fig. 5, no threads are engaged with either graft 50 or bore 48.

Next, the surgeon rotates screw 14A until the threads of the screw engage the graft 50 and bore 48, thereby locking the screw in place and fixing the graft in the bore, as shown in Fig. 6. Preferably, the surgeon rotates the screw approximately 90° to lock the screw into place. Once the screw is positioned as shown in Fig. 6, the surgeon may withdraw driving end 40 from socket 32. It should be noted that if it becomes necessary to remove the screw during a later surgical procedure, socket 32 cooperates with a standard hex driver. If a driver like driver 12 is not available when the screw is to be removed, it may be removed with a standard hex driver.

Other screws, like screw 14 or 14A, can be used in corresponding bores in the proximal tibia (not shown) to anchor the other end of graft 50 in a similar manner to that described above for anchoring the graft to the distal femur.

Having illustrated and described the principles of my invention in a preferred embodiment thereof, it should be readily apparent to those skilled in the art that the invention can be modified in arrangement and detail without departing from such principles. I claim all modifications coming within the spirit and scope of the accompanying claims.

#### Claims

1. A cam-locking orthopaedic fixation device for anchoring a bone graft in a bore formed in a bone mass, the device comprising:
  - a head;
  - a nose remote from the head; and
  - a threaded body continuously tapered threads tapering from the head of the device to the nose of the device wherein one side of the screw along the longitudinal axis is flat and un-

threaded.

2. A device of claim 1 further comprising an elongate nose.

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3. A device of claim 1 further comprising a surface constructed of a biocompatible material suitable for long term emplacement in association with cancellous bone and soft tissues.

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4. A biocompatible cam-locking orthopaedic fixation device for anchoring a bone graft in a bore formed in a bone mass, the device comprising:

a head comprising means for coupling a driving tool to the head, the head adapted for insertion into a space between a wall of a bore in bone and a bone graft in endosteal ligament reconstruction surgery;

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a nose remote from the head;

a longitudinal body extending between the head and the nose of the device; and

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thread crests extending only partially circumferentially around the body, each thread crest extending to a height above the body, the height of thread crests being uniform from the head of the device to about midway along the body and diminishing from about midway to the nose of the device.

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5. A device according to any one of the preceding claims wherein the thread crests have a pitch of ten threads per inch.

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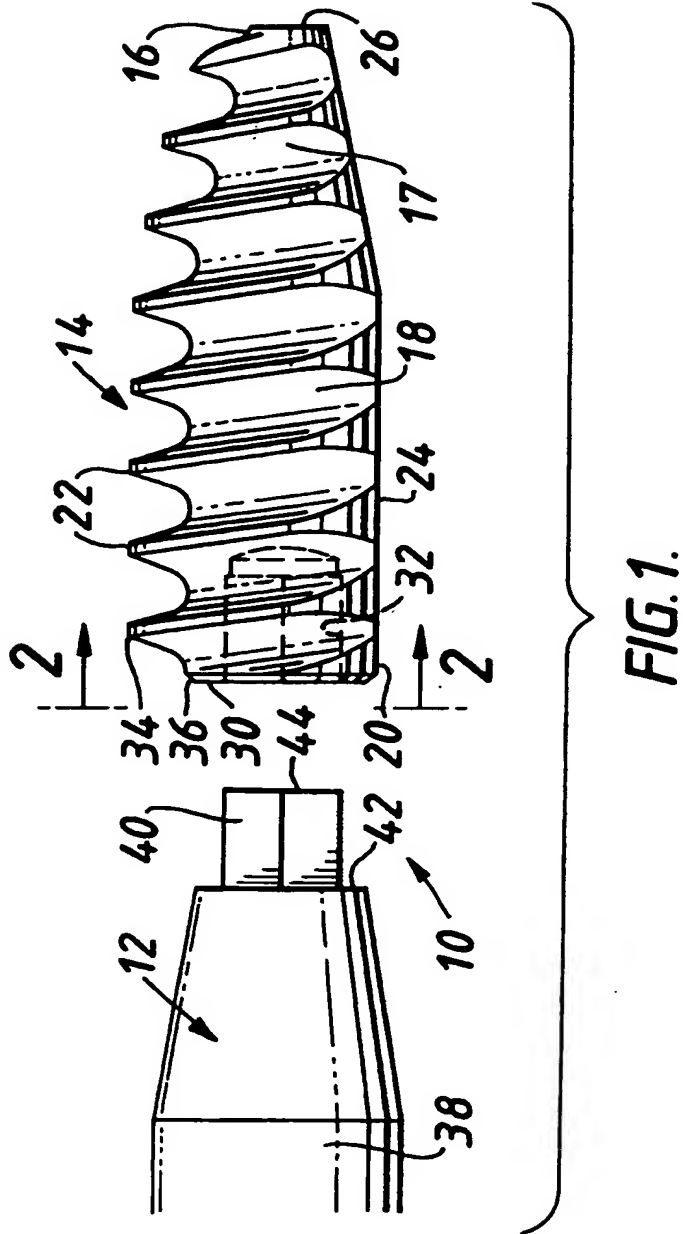
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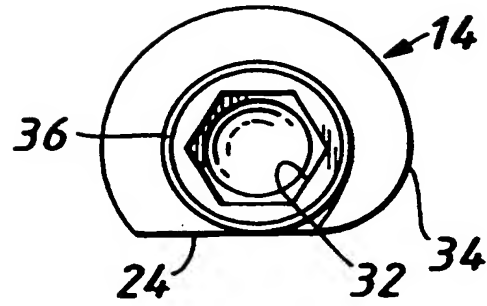
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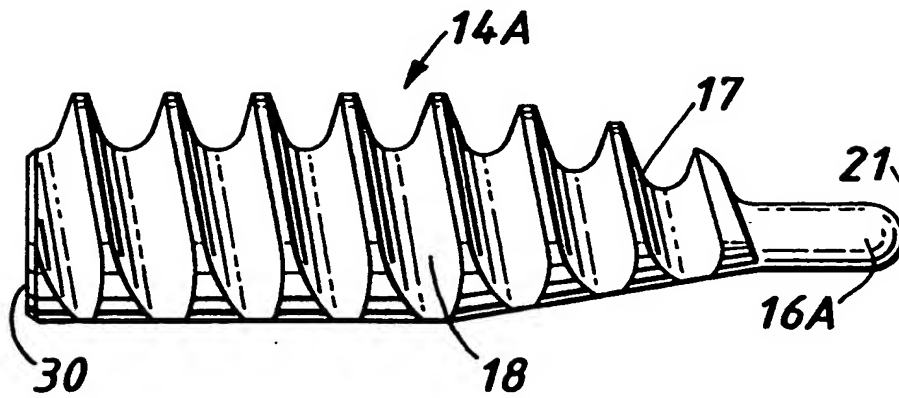
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**FIG. 2.**



**FIG. 3.**



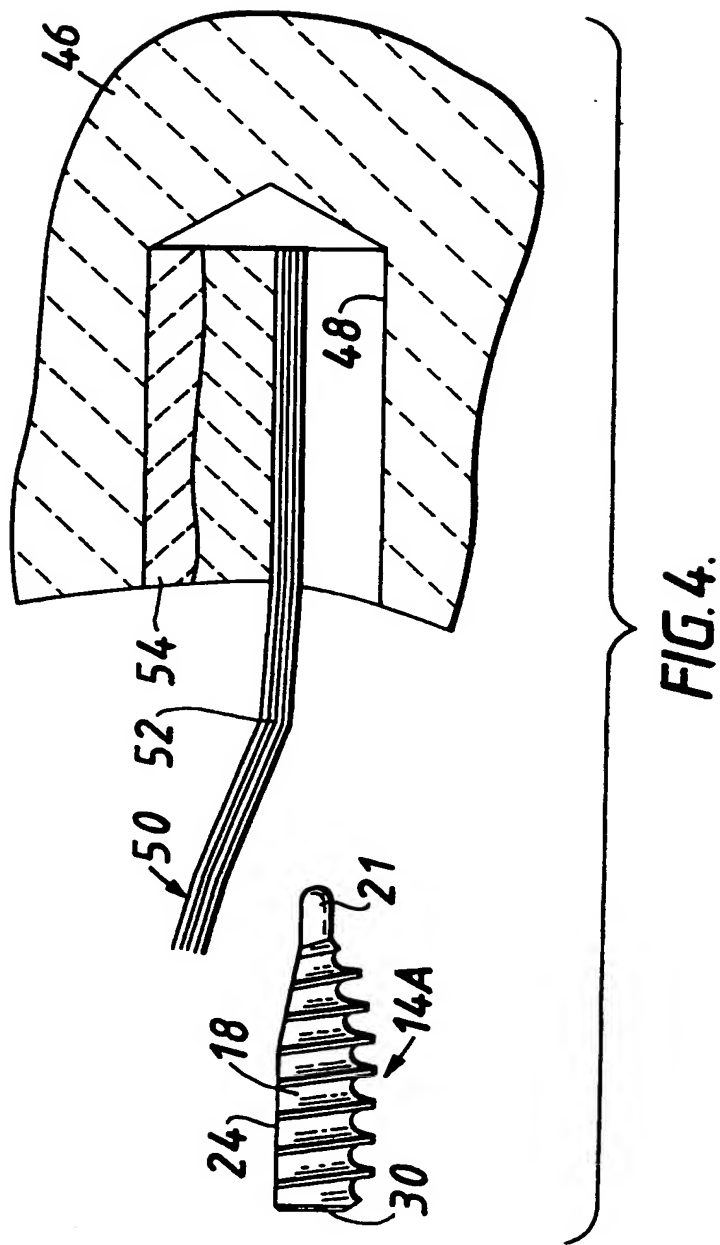


FIG. 5.

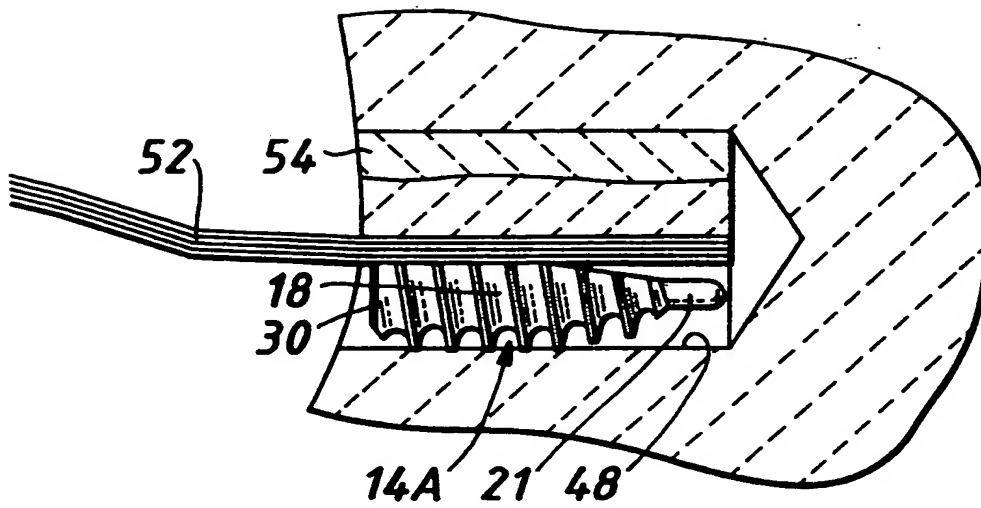
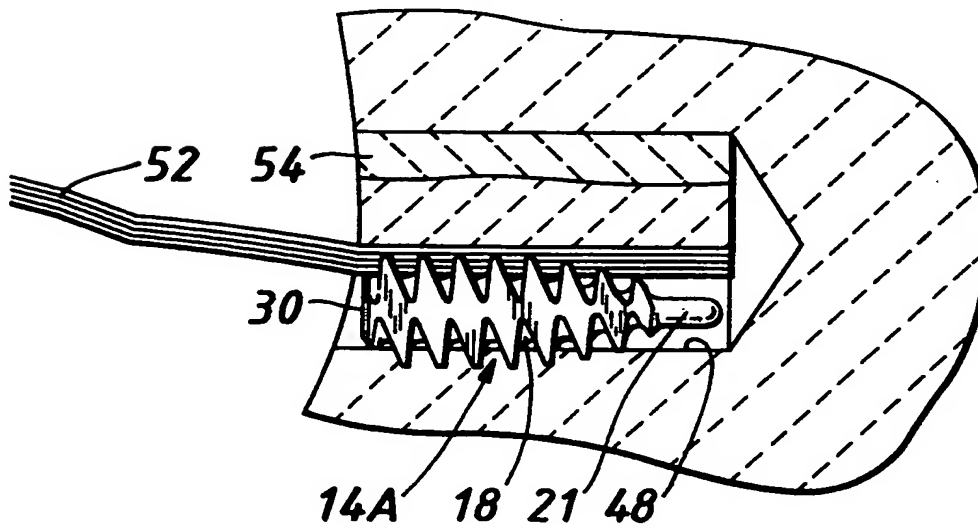


FIG. 6.







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# EUROPEAN SEARCH REPORT

Application Number  
EP 94 30 8029

DOCUMENTS CONSIDERED TO BE RELEVANT			
Category	Citation of document with indication, where appropriate, of relevant passages	Relevant to claim	CLASSIFICATION OF THE APPLICATION (Int.Cl.6)
Y	US-A-5 234 430 (R.J. HUEBNER) * abstract; figures *	1-5	A61F2/08 A61B17/58
Y	EP-A-0 151 263 (N.L. PIECUSCH) * abstract; figures *	1-5	
Y	WO-A-88 06023 (K. DRAENERT) * claim 6 *	5	
A	DE-C-35 29 009 (W. FISCHER)	1,4	
A	DATABASE WPI Section PQ, Week 9227, Derwent Publications Ltd., London, GB; Class P, AN 92-224762 & SU-A-1 667 850 (MOSC. HOSPITAL) * abstract *	1-4	
A	US-A-4 950 270 (J. A. BOWMAN ET AL.) * abstract; figures *	3,4	TECHNICAL FIELDS SEARCHED (Int.Cl.6)
A	EP-A-0 441 065 (T. H. MAHONY)		A61F A61B F16B
A	EP-A-0 556 571 (ARTHREX MEDIZINISCHE INSTRUMENTE)		
A	EP-A-0 180 532 (UNIVERSITE DE RENNES)		
The present search report has been drawn up for all claims			
Place of search <b>THE HAGUE</b>		Date of completion of the search <b>23 February 1995</b>	Examiner <b>Wolf, C</b>
<b>CATEGORY OF CITED DOCUMENTS</b> X : particularly relevant if taken alone Y : particularly relevant if combined with another document of the same category A : technological background O : non-written disclosure P : intermediate document		T : theory or principle underlying the invention E : earlier patent document, but published on, or after the filing date D : document cited in the application L : document cited for other reasons & : member of the same patent family, corresponding document	

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